

OX₁ Orexin/Hypocretin Receptor Signaling through Arachidonic Acid and Endocannabinoid Release^[S]

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ABSTRACT

We showed previously that OX₁ orexin receptor stimulation produced a strong ³H overflow response from [³H]arachidonic acid (AA)-labeled cells. Here we addressed this issue with a novel set of tools and methods, to distinguish the enzyme pathways responsible for this response. CHO-K1 cells heterologously expressing human OX₁ receptors were used as a model system. By using selective pharmacological inhibitors, we showed that, in orexin-A-stimulated cells, the AA-derived radioactivity was released as two distinct components, i.e., free AA and the endocannabinoid 2-arachidonoyl glycerol (2-AG). Two orexin-activated enzymatic cascades are responsible for this response: cytosolic phospholipase A₂ (cPLA₂) and diacylglycerol lipase; the former cascade is responsible for part of the AA release, whereas the latter is responsible for all of the 2-AG

release and part of the AA release. Essentially only diacylglycerol released by phospholipase C but not by phospholipase D was implicated as a substrate for 2-AG production, although both phospholipases were strongly activated. The 2-AG released acted as a potent paracrine messenger through cannabinoid CB₁ receptors in an artificial cell-cell communication assay that was developed. The cPLA₂ cascade, in contrast, was involved in the activation of orexin receptor-operated Ca²⁺ influx. 2-AG was also released upon OX₁ receptor stimulation in recombinant HEK-293 and neuro-2a cells. The results directly show, for the first time, that orexin receptors are able to generate potent endocannabinoid signals in addition to arachidonic acid signals, which may explain the proposed orexin-cannabinoid interactions (e.g., in neurons).

Introduction

The peptide transmitters orexins/hypocretins, which act through G-protein-coupled OX₁ and OX₂ receptors, are involved in the regulation of homeostatic brain functions, especially wakefulness and sleep patterns and appetite (reviewed in Kukkonen et al., 2002; Scammell and Winrow,

2011). Orexin receptor expression and signaling are also found in the periphery of the body, but the physiological significance of this is not known. The molecular mechanisms of orexin receptor signaling are very diverse (reviewed in Kukkonen and Åkerman, 2005). Especially prominent seems to be coupling to the production of messengers through phospholipase action (Johansson et al., 2008; Turunen et al., 2010a; Jäntti et al., 2012).

Endocannabinoids are phospholipid-derived messengers that contain arachidonic acid (AA). The most well established endocannabinoids are 2-arachidonoylglycerol (2-AG) and anandamide (*N*-arachidonoyl-ethanolamine) (reviewed in Kano et al., 2009). Endocannabinoids act through G-protein-coupled CB₁ and CB₂ receptors; the CB₁ receptor is ex-

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ABBREVIATIONS: AA, arachidonic acid; 2-AG, 2-arachidonoyl glycerol; AM-251, 1-(2,4-dichlorophenyl)-5-(4-iodophenyl)-4-methyl-*N*-1-piperidinyl-1*H*-pyrazole-3-carboxamide; CAY10499, [4-[5-methoxy-2-oxo-1,3,4-oxadiazol-3(2*H*)-yl]-2-methylphenyl]carbamic acid phenylmethyl ester; CAY10593, *N*-[2-[4-(5-chloro-2,3-dihydro-2-oxo-1*H*-benzimidazol-1-yl)-1-piperidinyl]-1-methylethyl]-2-naphthalenecarboxamide; CCPA, *N*-cyclohexanecarbonylpentadecylamine; CHO, Chinese hamster ovary; cPLA₂, cytosolic (Ca²⁺-independent) phospholipase A₂; DAG, diacylglycerol; DAGL, diacylglycerol lipase; FAAH, fatty acid amide hydrolase; FK506, 1,1,1,2,2-pentafluoro-7-phenylheptan-3-one; HBM, HEPES-buffered medium; HU-210, 3-(1,1'-dimethylheptyl)-6*a**R*,7,10,10*a**R*-tetrahydro-1-hydroxy-6,6-dimethyl-6*H*-dibenzo[*b,d*]pyran-9-methanol; IBMX, 3-isobutyl-1-methylxanthine; iPLA₂, intracellular (Ca²⁺-independent) phospholipase A₂; JZL184, 4-nitrophenyl-4-[dibenzo[*d*][1,3]dioxol-5-yl(hydroxy)methyl]piperidine-1-carboxylate; MAFP, methyl arachidonoyl fluorophosphate; MAGL, monoacylglycerol lipase; PA, phosphatidic acid; PLA₂, phospholipase A₂; PLC, phospholipase C; PLD, phospholipase D; RHC-80267, 1,6-bis(cyclohexyloximinocarbonylamino)hexane; SB-334867, 1-[2-methylbenzoxazol-6-yl]-3-[1,5]naphthyridin-4-yl-urea HCl; S-BSA, stripped bovine serum albumin; THL, tetrahydrolipstatin; TLC, thin-layer chromatography; U-73122, 1-[6-[[[(17*b*)-3-methoxyestra-1,3,5(10)-trien-17-yl]amino]hexyl]-1*H*-pyrrole-2,5-dione]; URB597, [3-(3-carbamoylphenyl)phenyl] *N*-cyclohexylcarbamate.

pressed in central neurons. In addition to the receptors, the endocannabinoid system includes the enzymes that produce and metabolize endocannabinoids. Endocannabinoids are generally thought to be produced on demand and not stored in membrane vesicles like traditional neurotransmitters. Endocannabinoid signaling has been a subject of much interest from both the basic physiological perspective and the medical one. In the central nervous system, endocannabinoids are involved in the regulation of, e.g., appetite, nociception, memory, reward, and mood (reviewed in Kano et al., 2009). On the synaptic level, endocannabinoids engage in retrograde transmission, in which postsynaptically produced endocannabinoids act on the inhibitory, presynaptic CB₁ receptors. This function may also act in homosynaptic feedback, but the assumed major function is heterosynaptic. Cannabinoid receptors couple to G-proteins in the G_i family, and the presynaptic inhibition is likely to occur through Gβγ-mediated inhibition of voltage-gated Ca²⁺ channels and inward rectifier K⁺ channels (reviewed in Howlett, 2005; Kano et al., 2009).

There is much circumstantial evidence for interactions between orexinergic and cannabinoidergic systems. These systems show significant overlap on the gross neuroanatomical level, especially in particular nuclei of the hypothalamus. However, the possibility of interactions at the cellular level has not been verified for most nuclei. More-direct evidence is scarce. In the lateral hypothalamus, exogenous CB₁ receptor stimulation inhibits orexinergic neurons by reducing the excitatory drive on them (Huang et al., 2007). In contrast, CB₁ receptor block attenuates orexin-A-induced feeding (Crespo et al., 2008). It was proposed that CB₁ and OX₁ receptors form heteromeric complexes, which may enhance orexin signaling (Hilairret et al., 2003; Ellis et al., 2006; Ward et al., 2011).

We showed previously that OX₁ orexin receptor activation strongly stimulates ³H overflow from [³H]AA-labeled cells (Turunen et al., 2010a). The full sensitivity of the response to the reputed phospholipase A₂ (PLA₂) inhibitor methyl arachidonyl fluorophosphonate (MAFP), in addition to partial sensitivity to inhibitors of other enzymes and intracellular signal pathways (Turunen et al., 2010a), suggests that this effect is mediated by PLA₂ enzymes. Although MAFP is very commonly used as a PLA₂ inhibitor, it is an analog of AA and is able to inhibit a number of serine hydrolases that hydrolyze ester- or amide-bound AA (De Petrocellis et al., 1997; Deutsch et al., 1997; Dinh et al., 2002; Savinainen et al., 2010). Therefore, does the ³H overflow observed take place solely through PLA₂, and which isoform is involved? Another question left open is whether the ³H overflow is composed only of AA or whether other water-soluble and secreted metabolites are involved. In the current study, we set out to resolve these questions. The results demonstrate that both free AA and AA incorporated into the endocannabinoid 2-AG are released upon orexin receptor stimulation. Both AA and 2-AG are shown to have signaling roles of their own.

Materials and Methods

Drugs. Human orexin-A and -B were obtained from NeoMPS (Strasbourg, France). 1-(2,4-Dichlorophenyl)-5-(4-iodophenyl)-4-methyl-N-1-piperidinyl-1H-pyrazole-3-carboxamide (AM-251), [4-[5-methoxy-2-oxo-1,3,4-oxadiazol-3(2H)-yl]-2-methylphenyl]carbamic acid phenylmethyl

ester (CAY10499), *N*-[2-[4-(5-chloro-2,3-dihydro-2-oxo-1*H*-benzimidazol-1-yl)-1-piperidinyl]-1-methylethyl]-2-naphthalenecarboxamide (CAY10593) (compound 69 in Scott et al., 2009), *N*-cyclohexanecarbonylpentadecylamine (CCPA) (compound 17 in Tsuboi et al., 2004), 1,1,1,2,2-pentafluoro-7-phenyl-heptan-3-one (FKGK11) (compound 10a in Baskakis et al., 2008), 3-(1,1'-dimethylheptyl)-6*a**R*,7,10,10*a**R*-tetrahydro-1-hydroxy-6,6-dimethyl-6*H*-dibenzo[*b,d*]pyran-9-methanol (HU-210), 4-nitrophenyl-4-[dibenzo[*d*][1,3]dioxol-5-yl(hydroxy)methyl]piperidine-1-carboxylate (JZL184), lipid standards (2-AG and AA), MAFP, pyrrophenone [*N*-[[[(2*S*,4*R*)-1-[2-(2,4-difluorobenzoyl)benzoyl]-4-[(triphenylmethyl)thio]-2-pyrrolidinyl]methyl]-4-[(*Z*)-(2,4-dioxo-5-thiazolidinylidene)methyl]benzamide] (compound 6 in Seno et al., 2001), and [3-(3-carbamoylphenyl)phenyl] *N*-cyclohexylcarbamate (URB597) were obtained from Cayman Europe (Tallinn, Estonia). 1,6-Bis(cyclohexyloximinocarbonylamino) hexane (RHC-80267), 1-[2-methylbenzoxazol-6-yl]-3-[1,5]naphthyridin-4-yl-urea HCl (SB-334867), tetrahydrolipstatin (THL) (*N*-formyl-L-leucine-(1*S*)-1-[[[(2*S*,3*S*)-3-hexyl-4-oxo-2-oxetanyl]methyl]dodecyl ester), and 1-[6-[(17*b*)-3-methoxyestra-1,3,5(10)-trien-17-yl]amino]hexyl]-1*H*-pyrrole-2,5-dione (U-73122) were obtained from Tocris Bioscience (Bristol, UK), fura-2 acetoxymethyl ester from Invitrogen (Carlsbad, CA), and [5,6,8,9,11,12,14,15-³H]AA, [1-¹⁴C]AA, and [9,10-³H]oleic acid from PerkinElmer Life and Analytical Sciences (Waltham, MA). Forskolin, probenecid [*p*-(dipropylsulfamoyl)benzoic acid], and 3-isobutyl-1-methylxanthine (IBMX) were obtained from Sigma-Aldrich (St. Louis, MO).

Cell Culture. CHO-hOX₁ cells expressing ~500 fmol/mg of protein levels of high-affinity human OX₁ receptors (as determined from high-affinity ¹²⁵I-orexin-A binding (P. M. Turunen and J. P. Kukkonen, unpublished data) were described previously, as were their culture conditions (Lund et al., 2000; Turunen et al., 2010a). CHO-hCB₁ cells expressing human CB_{1a} receptors (Grimesy et al., 2010) were a kind gift from Dr. Michelle Glass (University of Auckland, Auckland, New Zealand) via Drs. Jarmo Laitinen and Juha Savinainen (University of Eastern Finland, Kuopio, Finland); these cells were propagated under the same conditions as CHO-hOX₁ cells except that 0.25 mg/ml phleomycin (Zeocin; Invitrogen) was included. Neuro-2a-hOX₁, PC12-hOX₁, and wild-type HEK-293 cells were propagated as described previously (Holmqvist et al., 2002; Putula and Kukkonen, 2012) except that PC12 cells received an additional supplement of 5% horse serum (Invitrogen). For the ³H overflow experiments with [³H]AA- and [³H]oleic acid-labeled cells and for the 2-AG reporter assays, the CHO-hOX₁ cells were cultivated on 24-well plates (well bottom area, 1.77 cm²; Greiner Bio-One GmbH, Frickenhausen, Germany) coated with polyethylenimine (25 μg/ml for 1 h at 37°C; Sigma-Aldrich); for Ca²⁺ imaging, the cells were cultivated on polyethylenimine-coated, circular, glass coverslips (diameter, 13 mm; Menzel-Gläser, Braunschweig, Germany). For the thin-layer chromatography (TLC) assays, the cells were cultured on six-well plates (bottom area, 9.6 cm²; Greiner Bio-One). For cAMP measurements (direct CB₁ receptor assay or 2-AG reporter assay), CHO-hCB₁ cells were cultured on plastic culture dishes (bottom area, 56 cm²; Greiner Bio-One). HEK-293 cells were transiently transfected with hOX₁ receptor cDNA by using Fugene HD (Roche Diagnostics GmbH, Mannheim, Germany), as described previously (Putula and Kukkonen, 2012).

³H Overflow from [³H]AA- or [³H]Oleic Acid-Labeled Cells. The experiments were largely performed as described previously (Turunen et al., 2010a). CHO-hOX₁ cells were plated on 24-well plates (20,000 cells per well) and left to grow for 24 h. The wells were precoated with polyethylenimine, which very much reduced cell detachment during the washes. Then, 0.1 μCi of [³H]AA (or 0.2 μCi of [³H]oleic acid, to compensate for the lower release levels and lower ³H content) was added to each well, and the cells were cultured for another 20 h. The incubation medium was removed, the cells were washed twice with HEPES-buffered medium (HBM) (137 mM NaCl,

5 mM KCl, 1 mM CaCl₂, 1.2 mM MgCl₂, 0.44 mM KH₂PO₄, 4.2 mM NaHCO₃, 10 mM glucose, and 20 mM HEPES, adjusted to pH 7.4 with NaOH) supplemented with 2.4 mg/ml stripped bovine serum albumin (S-BSA) (Turunen et al., 2010b), and the cells were left in HBM with S-BSA at 37°C. The cells were immediately stimulated with orexin-A or thapsigargin for 7 min, after which 200 μ l of the total volume of 250 μ l in each well was transferred to Eppendorf tubes (VWR International, Radnor, PA) on ice. The samples were centrifuged (16,000g for 1.5 min at 4°C), 100 μ l of the medium was transferred to a scintillation tube, scintillation cocktail (HiSafe 3; PerkinElmer Life and Analytical Sciences) was added, and the radioactivity was measured with a Wallac 1414 liquid scintillation counter (PerkinElmer Life and Analytical Sciences). It should be noted that total radioactivity released in the supernatant from the ³H-preloaded cells was measured in this assay without any separation with respect to molecular species.

In some cases, orexin stimulation was preceded by some inhibitor preincubation. In such cases, the inhibitor used was added to the cells after one wash with HBM plus S-BSA, and the cells were preincubated for 30 min in HBM in the absence of S-BSA. HBM plus 10 \times S-BSA was added to a final concentration of S-BSA of 2.4 mg/ml for the last 5 min, to chelate the radioactivity leaked during this period. The incubation solution was removed, fresh HBM plus S-BSA with the inhibitor was added, and the cells were stimulated immediately with orexin-A for 7 min. The control cells were treated in the same way. The procedure effectively removed the radioactivity leaked during the preincubation period, and the S-BSA did not interfere with inhibitor entry into the cells.

Lipid Extraction and TLC. CHO-hOX₁, neuro-2A-hOX₁, PC12-hOX₁, or transiently hOX₁-transfected HEK-293 cells grown on six-well plates were labeled with [¹⁴C]AA (0.2 μ Ci/ml) in cell culture medium (Ham's F12 medium) 16 h before the experiments. [¹⁴C]AA loading medium was removed, and the cells were washed twice with HBM plus S-BSA (2.4 mg/ml) and stimulated with orexin-A for 7 min. Supernatants from the cells were rapidly removed and centrifuged (16,000g for 2 min at 4°C) to remove detached cells. The lipids were extracted from the supernatant with a slight modification of the method described by Bligh and Dyer (1959). Briefly, 800 μ l of the total supernatant (1000 μ l) was transferred to a Kimax tube (Kimble Glass, Inc., Vineland, NJ), 2 ml of methanol was added, followed by 1 ml of chloroform, and the tubes were shaken thoroughly. After the addition of 1 ml of water and 1 ml of chloroform, the tubes were shaken again and centrifuged (500g for 5 min at room temperature). The lower phase was collected and dried under a stream of N₂. The dried lipids were dissolved in chloroform, and the samples were applied to TLC plates (Silicagel 60; Merck, Darmstadt, Germany), which were dried at 110°C for 1 h. The plates underwent development with ethyl acetate/methanol (90:10) (Glass et al., 2005) in a chromatography tank lined with filter paper. Nonlabeled lipid standards were included on each TLC plate, either in separate lanes or together with the samples; the movement of the lipids of interest (2-AG and AA) in the samples was not affected by the presence of the standards. The average retardation factor values for AA and 2-AG were 0.58 \pm 0.01 and 0.67 \pm 0.01, respectively.

TLC data were quantitated both through imaging plate analysis and through scraping and scintillation counting; the two methods yielded comparable results (Jäntti et al., 2012). For this reason, only the results from the imaging plate analysis are presented. After development, the plates were vacuum-dried and an imaging plate (BAS-MS; Fujifilm, Tokyo, Japan) was exposed overnight. The imaging plate was scanned with a Fujifilm FLA 5100 scanner, and the band areas and intensities were measured with ImageJ (<http://rsbweb.nih.gov/ij/>). The plate background was subtracted from the band intensities.

2-AG Reporter Assay and cAMP Measurements. 2-AG release from CHO-hOX₁ cells upon orexin receptor stimulation was detected and quantitated by using CHO-hCB₁ cells as detector

cells; the assay is conceptually reminiscent of, for instance, a nitric oxide production assay (Hu and el-Fakahany, 1993). CHO-hCB₁ cells on cell culture dishes were prelabeled with 5 μ Ci/ml [³H]adenine in culture medium for 2 h, after which the cells were washed with phosphate-buffered saline and detached with phosphate-buffered saline plus 0.2% (w/v) EDTA. The cells were centrifuged, resuspended in HBM containing 500 μ M IBMX (a cyclic nucleotide phosphodiesterase inhibitor), and dispensed on top of CHO-hOX₁ cells growing on 24-well plates that had been washed with HBM. Different densities of CHO-hCB₁ cells were tested, but we finally chose a density of 150,000 cells per well. The plates were gently centrifuged (100g for 3 min at room temperature) to sediment CHO-hCB₁ cells on top of CHO-hOX₁ cells in HBM. The cells were allowed to rest at 37°C for 10 min, after which they were stimulated for 7 min with orexin-A or HU-210. The final volume in each well was 250 μ l. When inhibitors were included, these cells (and the control cells) were preincubated with the inhibitor or vehicle for 10 min (SB-334867 and AM-251) or 30 min (THL) before orexin stimulation. The reactions were interrupted through rapid removal of the medium, addition of 300 μ l of ice-cold 0.33 M perchloric acid, and freezing. The insoluble fragments of the thawed samples were centrifuged (1100g for 10 min at room temperature), and the [³H]ATP/[³H]ADP and [³H]cAMP fractions of the cell extracts were isolated through sequential Dowex/alumina chromatography (Holmqvist et al., 2005). Radioactivity was determined by using scintillation counting; the conversion of [³H]ATP to [³H]cAMP was calculated as a percentage of the total eluted [³H]ATP plus [³H]ADP. Because only CHO-hCB₁ cells were prelabeled with [³H]adenine, the radioactivity isolated was derived from those cells alone.

CHO-hCB₁ cells were also subjected to cAMP measurements in the absence of CHO-hOX₁ cells. The assay was similar to that described above, except that the detached cells were preincubated for 10 min in HBM plus IBMX (with inhibitors, if they were used) and then dispensed on 96-well plates (10⁵ cells per well) where the stimulants (orexin-A, HU-210, and 2-AG) were already present. The final volume was 150 μ l per well. On the plates, 0.5 mg/ml S-BSA was included, because this helped to maintain 2-AG in solution (Savinainen et al., 2003). After 10 min of stimulation, the reactions were interrupted through rapid centrifugation (1100g for 3 min at 4°C) of the cells, removal of the medium, addition of 150 μ l of ice-cold 0.33 M perchloric acid, and freezing. The samples were then treated as described above.

Ca²⁺ Measurements. Cells plated on polyethylenimine-coated glass coverslips were loaded for 20 min at 37°C with 4 μ M fura-2

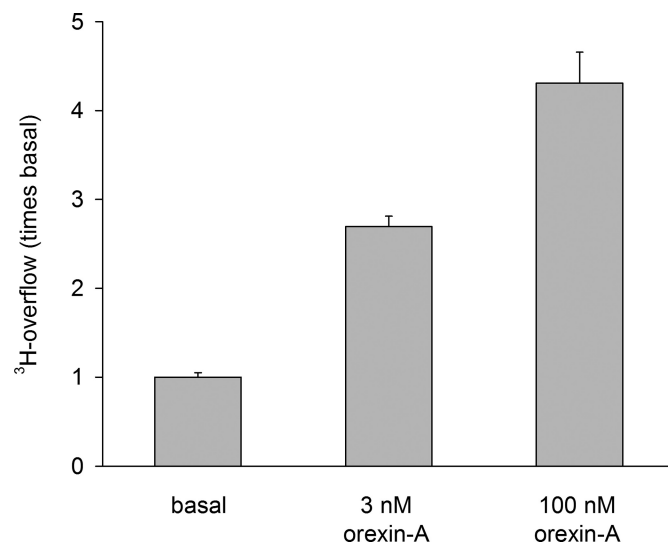


Fig. 1. Orexin-A-stimulated ³H overflow from [³H]AA-labeled CHO-hOX₁ cells.

acetoxymethyl ester in HBM containing 1 mM probenecid, rinsed once, and used immediately. Ca^{2+} measurements were performed at 35°C with a Nikon TE2000 fluorescence microscope (20×/0.75 air objective) and an Andor iXon 885 electron-multiplying charge-coupled device camera under the control of Nikon NIS Elements AR software with 6D extension (Nikon, Tokyo, Japan). For Ca^{2+} imaging, the cells were excited with alternating 340- and 380-nm light (Sutter DG4 Plus wavelength switcher; Sutter Instrument Company, Novato, CA), and the emitted light was collected through a 400-nm dichroic mirror and a 450-nm long-pass filter. Additions were made with constant perfusion (HBM with probenecid). When the inhibitors THL and pyrrophenone were tested, the cells were pretreated with the compounds for 20 min and the compounds were included in the perfusion medium throughout the experiment. Regions of interest were defined with NIS software, and the data were extracted to Microsoft Excel (Microsoft, Red-

mond, WA) for observation and quantitation. More than 30 cells were measured in each experiment, and each experiment was repeated four times or more.

Data Analysis. All data are presented as mean \pm S.E.M.; *N* refers to the number of batches of cells. Each experiment was performed at least three times. The AA-release experiments were performed with six data points in parallel, imaging with 30 or more, cAMP measurements with three or four, and TLC with two. Student's two-tailed *t* test with Bonferroni correction was used for all pairwise comparisons except in Fig. 8, where, because of the nonparametric nature of cell counting, the χ^2 test also was used (Ekholm et al., 2007). Microsoft Excel was used for nonlinear curve-fitting for the determination of EC_{50} values. The effects of inhibitors on orexin-stimulated AA and 2-AG release were calculated from the values by using a formula that compensated for the possible effects of the inhibitors on basal release, i.e., release [percentage of

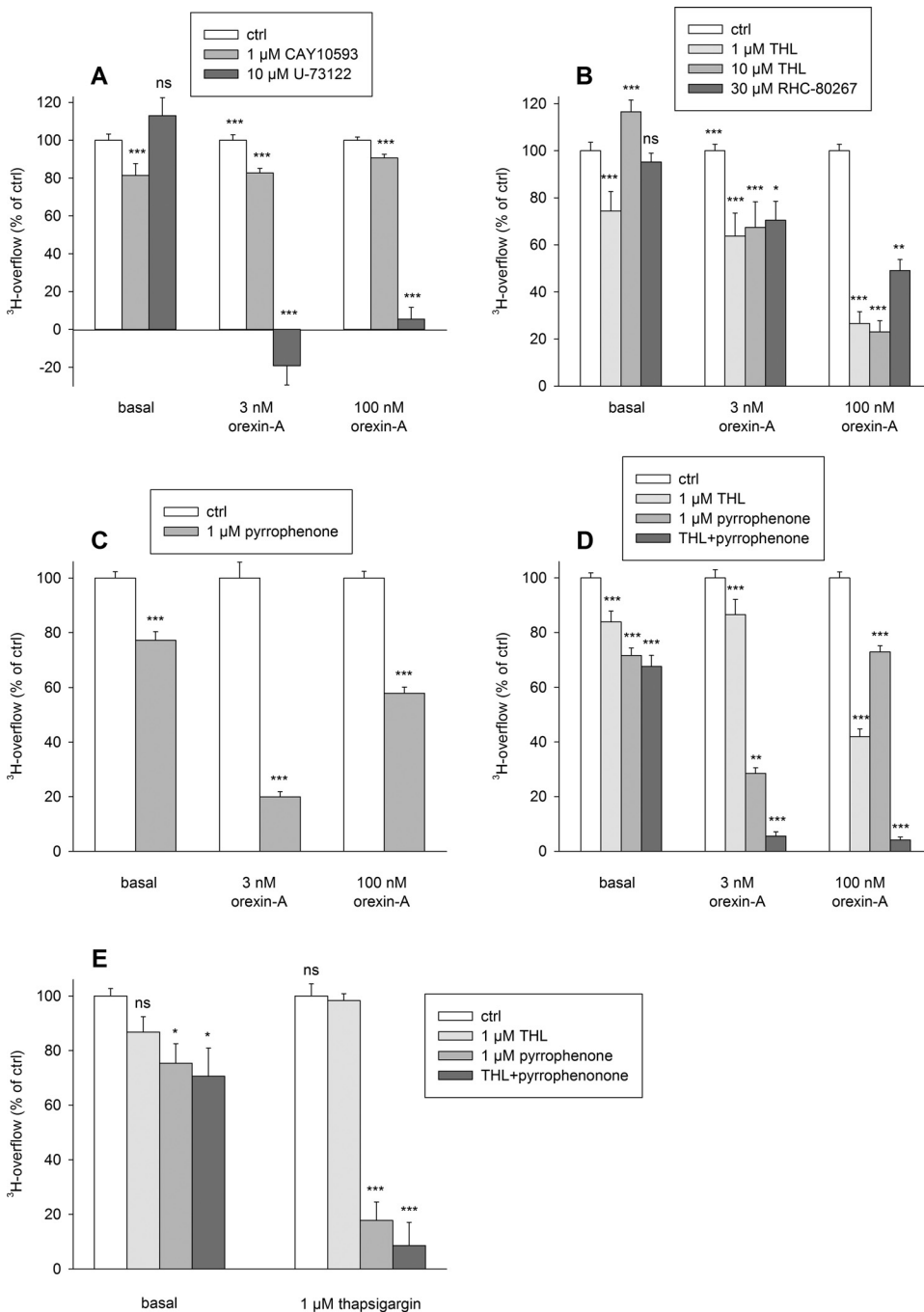


Fig. 2. Molecular mechanism of orexin-A and thapsigargin-stimulated ^3H overflow from [^3H]AA-labeled CHO-hOX₁ cells. **A**, the orexin response is inhibited by the PLC inhibitor U-73122 but not by the PLD1 inhibitor CAY10593. **B** and **C**, the orexin response is partially inhibited by the DAGL inhibitors THL and RHC-80267 (B) and the cPLA₂ α/ζ inhibitor pyrrophenone (C). **D**, the combination of THL and pyrrophenone produces full inhibition of the orexin response. **E**, the response to 1 μM thapsigargin is nearly fully blocked by pyrrophenone alone. The data were normalized so that each control response (basal, 3 nM orexin-A, and 100 nM orexin-A) amounts to 100% (see *Materials and Methods*). Some differences in the inhibitory efficacy can be seen in B, C, and D, because only experiments in which all of the inhibitors were tested were included in the analysis in D, to allow direct comparison of the efficacy of THL and pyrrophenone. Comparisons are to the corresponding control (ctrl) values (*N* = 3–7); ns, not significant (*p* > 0.05); *, *p* < 0.05; **, *p* < 0.01; ***, *p* < 0.001.

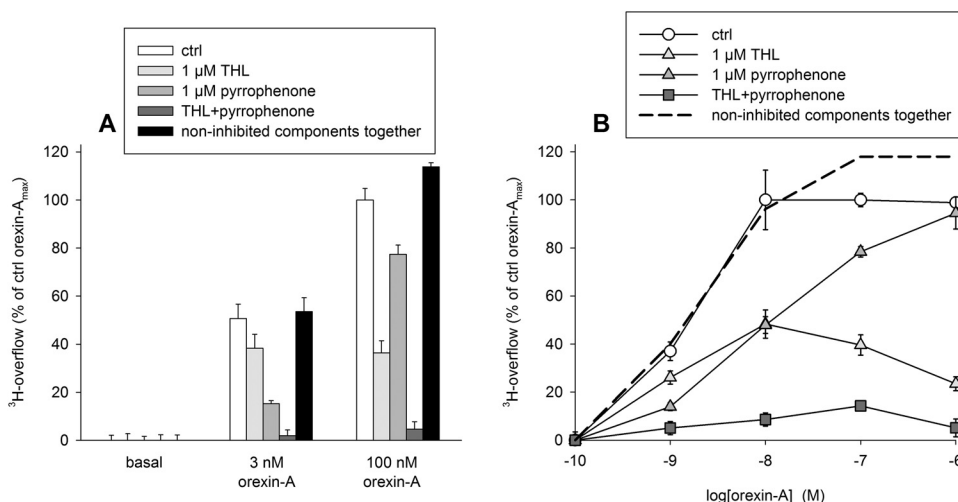


Fig. 3. Normalized raw data on the effects of the DAGL inhibitor THL and the cPLA₂ inhibitor pyrrophenone on the ³H overflow from [³H]AA-labeled CHO-hOX₁ cells. A, summarized data (same as in Fig. 2D; N = 5). The significances are the same as in Fig. 2D. B, representative experiment. The data were normalized so that each basal level is 0% and the maximal response to 100 nM orexin-A in the absence of inhibitors is 100% [response = (orexin_{inhibitor} - basal_{inhibitor}) / (orexin_{100 nM-ctrl} - basal_{ctrl}) × 100%]. ctrl, control; non-inhibited components together, procedure in which the orexin responses remaining after THL and pyrrophenone were added together.

control (noninhibited)] = (orexin_{inhibitor} - basal_{inhibitor}) / (orexin_{control} - basal_{control}) × 100% (see Figs. 2 and 4). In this manner, the nontreated control values (basal, 1 nM orexin-A, and 100 nM orexin-A) are set to 100% and full inhibition to 0%.

Results

Orexin Receptor Stimulation Induces [³H]AA-Derived ³H Overflow through Distinct Cytosolic PLA₂ and Diacylglycerol Lipase Cascades. Our previous studies showed strong release of radioactivity from [³H]AA-labeled CHO-hOX₁ cells upon OX₁ receptor stimulation (Fig. 1), but the enzymes responsible for this could not be resolved because of the low selectivity of the inhibitors available (Turunen et al., 2010a). We showed that OX₁ receptors also potently activate both phospholipase C (PLC) and phospholipase D (PLD) cascades (Johansson et al., 2008; Jäntti et al., 2012), producing diacylglycerol (DAG) and phosphatidic acid (PA), respectively. Both of these compounds could act as substrates for AA release, through the DAG lipase (DAGL)-monoacylglycerol lipase (MAGL) and PA-PLA₂ cascades, respectively, and PA can also be hydrolyzed to DAG by PA phosphohydrolase (reviewed in Kukkonen, 2011). Only PLD1 and not PLD2 is activated by orexin receptor stimulation in CHO cells, and this isoform can be fully inhibited by CAY10593 (Jäntti et al., 2012). CAY10593 produced very weak (10–20%) inhibition of ³H overflow (Fig. 2A). In contrast, the PLC inhibitor U-73122 produced full inhibition (Fig. 2A).

THL is used as a pancreatic triglyceride lipase inhibitor, but it is an even more-potent inhibitor of some related enzymes, including DAGL (Lee et al., 1995; Bisogno et al., 2003), and it can be used at 1 μM as a relatively selective DAGL inhibitor (Bisogno et al., 2006) (V. Di Marzo, personal communication). THL produced significant inhibition of the orexin response even at 1 μM (Fig. 2B). RHC-80267, a less-potent DAGL inhibitor, showed a similar trend of inhibition (Fig. 2B).

Selective inhibitors for particular PLA₂ isoforms have been produced during the past 10 years. The most well characterized (e.g., for selectivity) of these are different pyrrolidine inhibitors for cytosolic PLA₂ (cPLA₂) α (Seno et al., 2000, 2001). A commercially available inhibitor of this type, pyrrophenone (Seno et al., 2001), at 1 μM produced significant

inhibition of the orexin response (Fig. 2C). Interestingly, the inhibition profile was the opposite of that for THL; whereas THL apparently produced weaker inhibition with 3 nM orexin-A and stronger inhibition with 100 nM, pyrrophenone was stronger with 3 nM orexin-A. We hypothesized that DAGL and cPLA₂ might represent two components of the orexin-stimulated ³H overflow from [³H]AA-labeled cells. The combination of THL and pyrrophenone produced full inhibition of the orexin-A response (Fig. 2D). In contrast, the response to thapsigargin showed no sensitivity to THL but was almost fully inhibited by pyrrophenone alone (Fig. 2E), in agreement with Ca²⁺ activation of cPLA₂ (reviewed in Ghosh et al., 2006). Although Ca²⁺ level elevation should also stimulate DAGL (Bisogno et al., 2003), Ca²⁺ level elevation (at least when triggered by thapsigargin or ionomycin) is a poor stimulant of PLD and an even poorer stimulant of PLC in CHO cells (Lund et al., 2000; Johansson et al., 2007; Jäntti et al., 2012); therefore, in the absence of DAG production, there was no DAGL activity.

The orexin response appears to rely on two different components. The relative contributions of the components might become clearer with normalized raw data instead of inhibi-

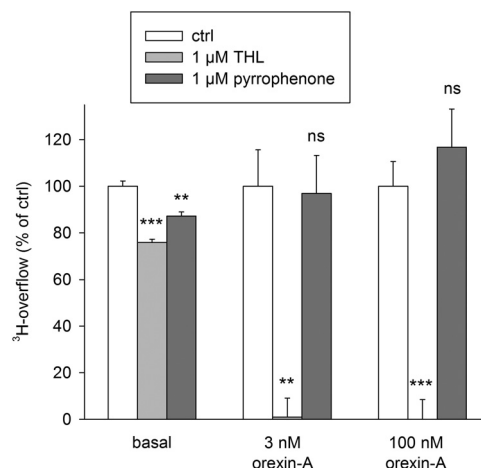


Fig. 4. Orexin-A-induced ³H overflow from [³H]oleic acid-labeled CHO-hOX₁ cells mediated by DAGL. Data were normalized as explained in *Materials and Methods* and for Fig. 2. Comparisons are to the corresponding control (ctrl) values (N = 5); ns, not significant (*p* > 0.05); **, *p* < 0.01; ***, *p* < 0.001.

tion data (Fig. 3A). The same finding could also be seen with more complete concentration-response curves (Fig. 3B). The patterns of inhibition with THL and pyrrophenone were essentially not overlapping (Fig. 3). In the analyses of the concentration-response data, the control pEC₅₀ value was 8.7 ± 0.1 and the pEC₅₀ values after pyrrophenone (putative DAGL component) and THL (putative cPLA₂ component) treatment were 8.4 ± 0.1 and 9.3 ± 0.1 , respectively ($N = 3-5$). Therefore, the putative cPLA₂ component would be activated with significantly higher potency (see *Discussion*).

We showed previously that ³H overflow from [³H]oleic acid-labeled cells was stimulated by OX₁ receptor activation in CHO-hOX₁ cells, although with significantly lower potency and efficacy than in [³H]AA-labeled cells (Turunen et al., 2010a). The potency of this ³H overflow seemed to overlap better with the DAGL component of AA release than with AA release in its entirety. Orexin-induced ³H overflow from [³H]oleic acid-labeled cells was inhibited fully by THL but not at all by pyrrophenone (Fig. 4). [³H]Oleic acid is likely to end

up in the *sn1* position, which is not hydrolyzed by cPLA₂. Even if some oleic acid would be found in the *sn2* position, cPLA₂α (in contrast to other PLA₂ isoforms, including cPLA₂ζ) is rather specific for AA in the *sn2* position (reviewed in Ghosh et al., 2006, 2007).

Endocannabinoid-Hydrolyzing Enzymes, Hormone-Sensitive Lipase, and Intracellular PLA₂ in Orexin-Induced, AA-Derived ³H Overflow. DAG lipases are thought to show *sn1* selectivity (3–8-fold in vitro) (Bisogno et al., 2003); therefore, DAGL might be thought to be unlikely to release AA from its usual *sn2* position. DAGL, however, works as a “gatekeeper” for MAGL, because no monoacylglycerol should be produced in the absence of DAGL activity. We tested a selective MAGL inhibitor, JZL184 (Long et al., 2009). JZL184 (10 μM) produced weak but significant inhibition ($20 \pm 12\%$ with 3 nM orexin-A, $p < 0.01$; $11 \pm 10\%$ with 100 nM orexin-A, $p < 0.05$) (Supplemental Fig. 1). We similarly tested inhibitors of fatty acid amide-type endocannabinoid-hydrolyzing enzymes, URB597 (100 nM; fatty acid

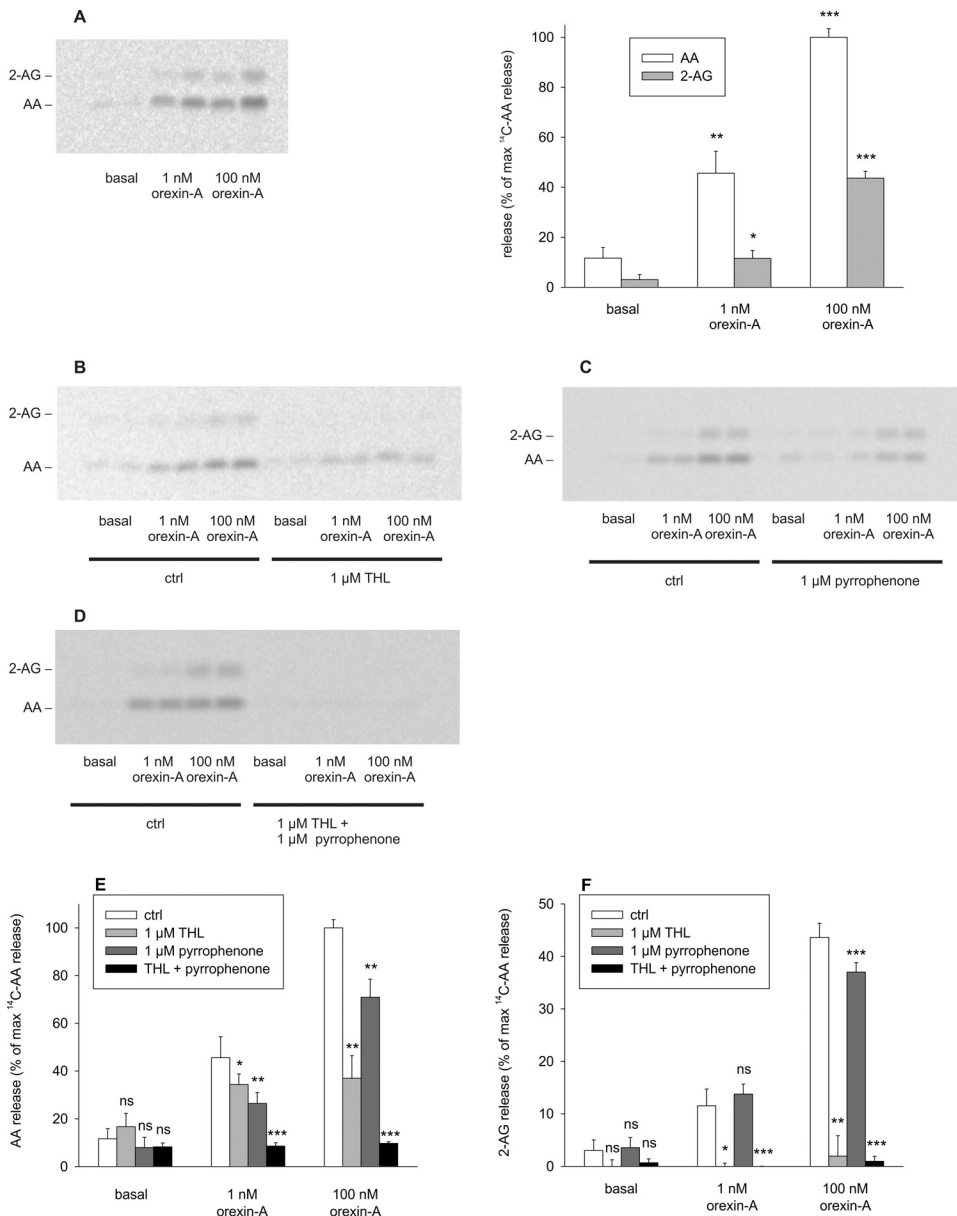


Fig. 5. TLC separation of the [¹⁴C]AA-labeled lipid species released from CHO-hOX₁ cells. A, release of both free AA and 2-AG upon orexin stimulation ($N = 8$). B, inhibitory actions of THL. C, inhibitory actions of pyrrophenone. D, combined effects of THL and pyrrophenone on AA and 2-AG release upon OX₁ receptor stimulation. E, summarized data for inhibition of AA release ($N = 3-5$). F, summarized data for inhibition of 2-AG release ($N = 3-5$). The data in the bar graphs were normalized to the AA-release response to 100 nM orexin-A (100%). Comparisons are to the corresponding control (ctrl) values; ns, not significant ($p > 0.05$); *, $p < 0.05$; **, $p < 0.01$; ***, $p < 0.001$.

amide hydrolase [FAAH] inhibitor) and CCPA (100 μ M; *N*-acylethanolamine-hydrolyzing acid amidase/acidic palmitoyl ethanolamidase inhibitor) (Kathuria et al., 2003; Tsuboi et al., 2004; Long et al., 2009). Neither URB597 nor CCPA significantly inhibited orexin-induced 3 H overflow from [3 H]AA-labeled cells (Supplemental Fig. 1). Similarly, the hormone-sensitive lipase/FAAH/MAGL inhibitor CAY10499 (30 μ M) and the intracellular PLA₂ (iPLA₂) inhibitor FKGK11 (10 μ M) (Baskakis et al., 2008; Muccioli et al., 2008; Minkkilä et al., 2009) were incapable of inhibiting the orexin response (Supplemental Fig. 1).

3 H Overflow from [3 H]AA-Labeled Cells Consists of Free AA and the Endocannabinoid 2-AG. The 3 H overflow method used here is well established and is often used in AA-release studies. It does not indicate [3 H]AA release specifically, however, and indicates only that [3 H]AA-derived radioactivity is released from the cells. Therefore, we conducted TLC separation of the molecular species released; to allow use of imaging plate identification of multiple molecular species, the cells were labeled with [14 C]AA. The results showed that the radioactivity released upon orexin receptor stimulation was found both in free AA and in the endocannabinoid 2-AG (Fig. 5A); AA was released with significantly higher potency by cPLA₂ (AA release in the presence of THL) than was 2-AG by DAGL (pEC₅₀ values of 9.8 ± 0.1 and 8.3 ± 0.1 , respectively; $N = 3-9$) (Fig. 6). THL fully blocked orexin-stimulated 2-AG release but only partly reduced AA release (Figs. 5, B, E, and F, and 6). In contrast, pyrrophenone inhibited only AA and not 2-AG release (Fig. 5, C, E, and F). Inclusion of both THL and pyrrophenone fully inhibited orexin-stimulated release of both free AA and 2-AG (Fig. 5, D, E, and F).

Other OX₁ receptor-expressing cells showed distinct responses to orexin-A stimulation. Neuro-2a and HEK-293 cells showed strong 2-AG release with 100 nM orexin-A (Supplemental Fig. 2). In addition, AA release was seen; orexin stimulation of 2-AG and AA release was eliminated by THL (data not shown), which suggests that AA was released through 2-AG breakdown and not through PLA₂ action on

phospholipids. PC12 cells showed high basal levels of AA release, with no apparent stimulation with orexin-A, and no 2-AG release (Supplemental Fig. 2).

Orexin Receptor Activation Is Able to Induce Strong Paracrine Signaling to Cannabinoid Receptors through 2-AG. 2-AG is a potent endogenous ligand for cannabinoid receptors (reviewed in Di Marzo and Petrosino, 2007; Kano et al., 2009). Therefore, we tested whether 2-AG released upon orexin receptor signaling was able to activate cannabinoid receptors. For this, we designed a cell-cell communication assay between CHO-hOX₁ and CHO-hCB₁ cells, as described in *Materials and Methods*. CHO-hCB₁ cells were plated on top of the CHO-hOX₁ cell culture, CHO-hOX₁ cells were stimulated with orexin-A, and 2-AG production was detected as selective inhibition of adenylyl cyclase in CHO-hCB₁ cells. Orexin-A in this assay caused strong potent inhibition of adenylyl cyclase activity in CHO-hCB₁ cells, although the efficacy was somewhat lower than that of direct stimulation with the CB₁ agonist HU-210 (Fig. 7, A and B). The response to orexin-A was fully inhibited by the OX₁ receptor antagonist SB-334867, by THL, and by the CB₁ receptor antagonist/inverse agonist AM-251 (Fig. 7A), which indicated that inhibition of forskolin-stimulated adenylyl cyclase activity in CHO-hCB₁ cells by orexin-A was mediated through the cascade of orexin-A \rightarrow OX₁ (on CHO-hOX₁ cells) \rightarrow 2-AG (by DAGL in CHO-hOX₁ cells) \rightarrow CB₁ (on CHO-hCB₁ cells). AM-251 but neither THL nor SB-334867 enhanced the forskolin-stimulated cAMP production (Fig. 7A), which suggests that CB₁ receptors show some constitutive activity. SB-334867 alone weakly inhibited the forskolin response (Fig. 7A), which suggests that SB-334867 shows some weak partial agonist activity at OX₁ receptors, in line with some previous observations (Bengtsson et al., 2007) (J. Putula and J. P. Kukkonen, unpublished observations). AM-251 at 10 μ M strongly but incompletely inhibited the response to 1 μ M HU-210 (data not shown; see also below).

In CHO-hCB₁ cells alone, exogenous 2-AG was nearly as efficacious as HU-210 as a CB₁ receptor activator (Fig. 7, C and D). AM-251 increased adenylyl cyclase activity, compared with forskolin alone (Fig. 7C), as also seen in the reporter assay (Fig. 7A), and fully blocked the response to 2-AG (Fig. 7C). In contrast, the response to 1 μ M HU-210 was not fully blocked (data not shown), similar to the reporter assay results, which likely reflects the fact that the affinity/potency of HU-210 is too high (~ 100 – 1000 -fold higher than that of 2-AG) to be fully blocked at this concentration by 10 μ M AM-251.

To obtain an estimate of the 2-AG levels reached upon orexin receptor stimulation, we measured the potency of exogenous 2-AG to activate CB₁ receptors in CHO-hCB₁ cells (Fig. 7D). With the use of these data (maximal inhibition = $86 \pm 3\%$, pEC₅₀ = 7.40 ± 0.03 , $n_H = 1.1 \pm 0.2$; $N = 5$) as a standard curve for calculation of 2-AG levels from data on adenylyl cyclase inhibition by orexin-A in the reporter assay (maximal inhibition = $60 \pm 3\%$, pEC₅₀ = 9.1 ± 0.1 , $n_H = 1.5 \pm 0.1$; $N = 4$), the average orexin-A-induced increase in 2-AG levels sensed by the CHO-hCB₁ cells may be ~ 87 nM and the pEC₅₀ for orexin-A for 2-AG production ~ 8.8 .

cPLA₂ but Not DAGL Activity Is Pivotal for OX₁ Receptor Activation of Receptor-Operated Ca²⁺ Influx. We showed previously that MAFP could strongly inhibit OX₁ receptor-operated Ca²⁺ influx (Turunen et al., 2010a), which is central for orexin receptor-mediated Ca²⁺ level increases

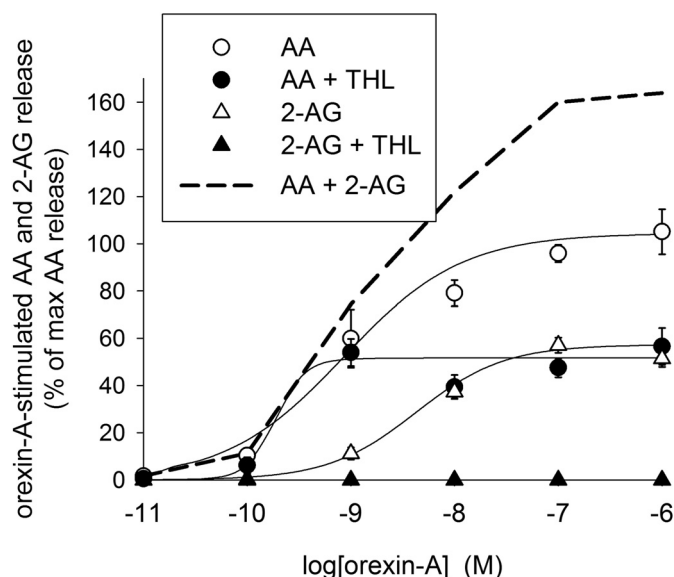


Fig. 6. Concentration-response curves for orexin-A with respect to [14 C]AA-labeled lipid species released from CHO-hOX₁ cells (as in Fig. 5). 2-AG release was fully blocked by THL (1 μ M); therefore, data are not shown.

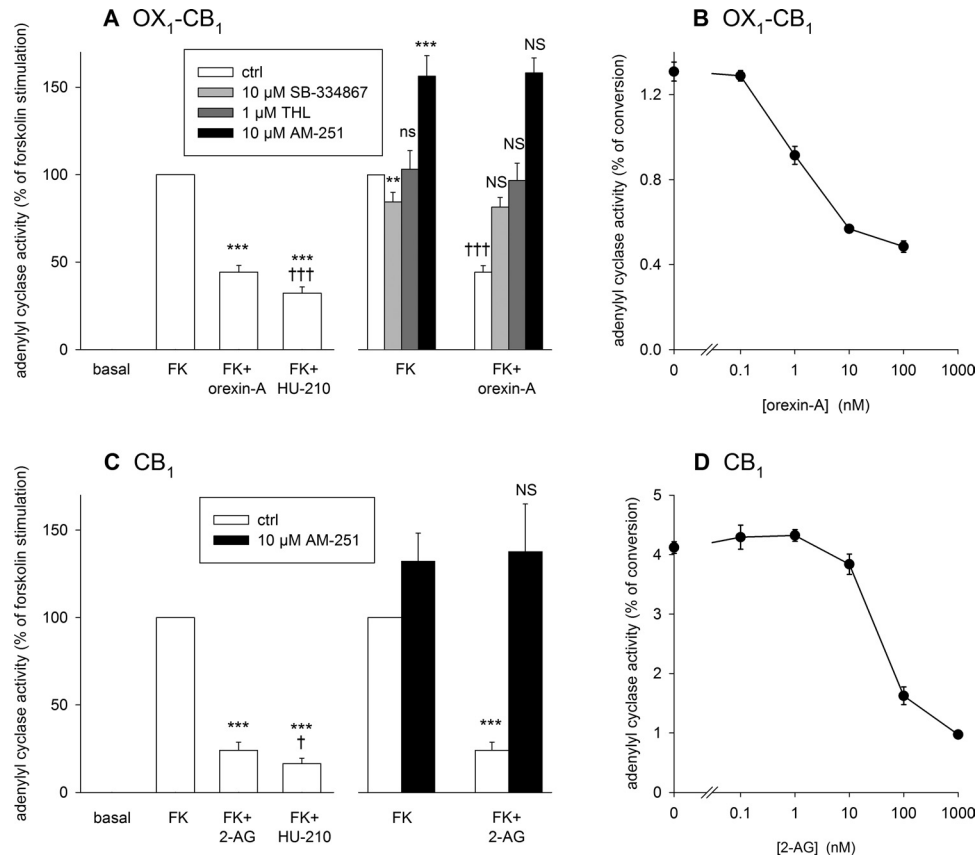


Fig. 7. OX₁-CB₁ receptor communication through OX₁ receptor-induced 2-AG production. A and B, OX₁-CB₁ communication assay; C and D, CHO-hCB₁ cells alone. A, summarized data for communication between OX₁ and CB₁ receptors ($N = 5$ or 6). The data were normalized to basal levels (0%) and control forskolin (FK) responses (100%). Left, adenylyl cyclase inhibition with 100 nM orexin-A and direct CB₁ receptor stimulation with 1 μ M HU-210. Comparison to forskolin alone: ***, $p < 0.001$; comparison to forskolin plus orexin-A: †††, $p < 0.001$. Right, sensitivity of the orexin response to the OX₁ receptor antagonist SB-334867, the DAGL inhibitor THL, and the CB₁ receptor antagonist/inverse agonist AM-251. Comparison to forskolin alone: ns, not significant ($p > 0.05$); **, $p < 0.01$; ***, $p < 0.001$; comparison to forskolin in the presence of inhibitor (forskolin plus SB-334867 for forskolin plus SB-334867 plus orexin-A, forskolin plus THL for forskolin plus THL plus orexin-A, and forskolin plus AM-251 for forskolin plus AM-251 plus orexin-A): NS, not significant ($p > 0.05$); †††, $p < 0.001$. B, concentration-response curve for orexin-A in OX₁-CB₁ communication assay (representative data from a single experiment). C, CB₁ receptor responses in CHO-hCB₁ cells alone (summarized data; $N = 4-6$). The data were normalized as in A. Left, direct stimulation of CB₁ receptors with 1 μ M 2-AG or 1 μ M HU-210. Comparison to forskolin alone: ***, $p < 0.001$; comparison to forskolin plus 2-AG: †, $p < 0.05$. Right, sensitivity of the 2-AG response to the CB₁ receptor antagonist/inverse agonist AM-251. Comparison to forskolin alone: ***, $p < 0.001$; comparison to forskolin in the presence of AM-251: NS, not significant ($p > 0.05$). D, concentration-response curve for 2-AG (representative data from a single experiment).

because it also drives PLC activity at low orexin concentrations (Lund et al., 2000; Johansson et al., 2007). Because MAFP is a potent inhibitor of both the cPLA₂ and DAGL pathways, we tested selective inhibitors of these pathways, i.e., pyrrophenone and THL, in Ca²⁺ imaging assays. Pyrrophenone produced equally strong inhibition (Fig. 8, A and B), compared with MAFP (data not shown) (Turunen et al., 2010a), whereas THL was incapable of inhibiting the Ca²⁺ influx response (Fig. 8, A and C), which clearly indicates that the cPLA₂ pathway is involved in orexin receptor-operated Ca²⁺ influx. Inclusion of both pyrrophenone and THL did not produce stronger inhibition than that observed with pyrrophenone alone (Fig. 8, A, B, and D).

Discussion

We targeted the [³H]AA-derived ³H overflow by using a number of established or novel inhibitors of lipases and amidases that are capable of releasing AA. Most importantly, THL, an inhibitor of DAGL, and pyrrophenone, an inhibitor of cPLA₂ α and - ζ (Seno et al., 2001; Ghomashchi et al., 2010) produced complementary inhibition, together reaching full

inhibition. THL was selected as the DAGL inhibitor for detailed investigations because of its greater potency, efficacy, and stability and its likely greater selectivity, compared with RHC-80267. The pharmacological selectivity of the inhibitors in CHO cells was confirmed with respect to thapsigargin-induced ³H overflow from [³H]AA-labeled cells (fully inhibited by pyrrophenone) and orexin-A-induced ³H overflow from [³H]oleic acid-labeled cells (fully inhibited by THL). The conclusive evidence was obtained through TLC separation of [¹⁴C]AA-labeled lipid species, which showed that the apparent orexin-A-induced AA overflow was composed of free AA as well as 2-AG. 2-AG release was fully dependent on DAGL (inhibited by THL), whereas the free AA component was dependent on both the cPLA₂ and DAGL pathways (additively inhibited by pyrrophenone and THL, respectively). The results are summarized in Fig. 9. The DAGL pathway is likely to follow from PLC activity, as suggested by both inhibition by the PLC inhibitor U-73122 and only minor inhibition by the PLD inhibitor CAY10593. 2-AG production closely mirrors PLC activity, as judged from total inositol phosphate release and DAG generation in the presence of

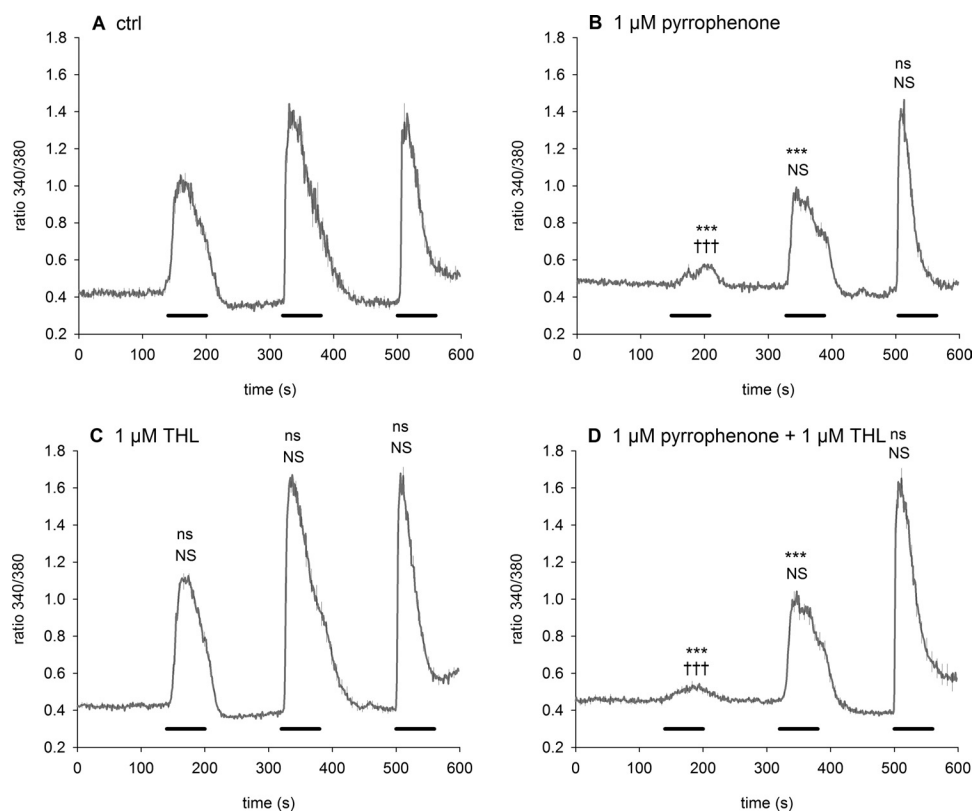


Fig. 8. Dependence on cPLA₂ of the Ca²⁺ signaling of orexin receptors. A, control CHO-hOX₁ cells. B, cells pretreated with and assayed in the presence of 1 μM pyrrophenone. C, cells pretreated with and assayed in the presence of 1 μM THL. D, cells pretreated with and assayed in the presence of both 1 μM pyrrophenone and 1 μM THL. Each panel is a representative average trace from one coverslip with 31 to 53 cells. S.E. values are shown only for every eighth point, for the sake of clarity. Black bars under the traces, successive additions of 0.3, 3, and 30 nM orexin-A. Comparison to control, maximal response (*t* test): ns, not significant (*p* > 0.05); ***, *p* < 0.001; number of cells responding (*χ*² test): NS, not significant (*p* > 0.05); †††, *p* < 0.001.

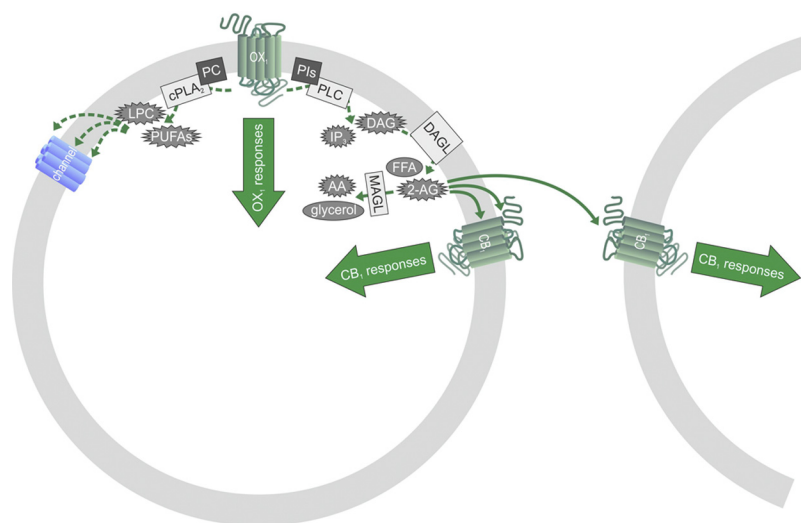


Fig. 9. Signaling scheme based on the results and suggestions of the present study. Orexin receptor stimulation leads to activation of both PLC (PLCβ?)–DAGL and cPLA₂ cascades. The former produces the endocannabinoid 2-AG, which is able to act either from the membrane face or from the extracellular side on CB₁ receptors expressed in the same cells. The CB₁ receptor-dependent and other OX₁-triggered signal cascades may interact within the cell. 2-AG may also exit the cells and stimulate CB₁ receptors on nearby cells. The other products of DAGL activity, mainly saturated free fatty acids (FFA), may not have important signaling roles. cPLA₂ likely acts on phosphatidylcholine (PC), leading to production of lysophosphatidylcholine (LPC) and polyunsaturated fatty acids (PUFAs) such as AA. Either lysophosphatidylcholine or polyunsaturated fatty acids or their metabolites centrally contribute to activation of the orexin receptor-operated Ca²⁺ influx channel. PIs, phosphatidylinositols; IP₃, inositol-1,4,5-trisphosphate.

PLD inhibition (Johansson et al., 2008). It is unclear, however, whether DAGL in general passively follows PLC activity or is actively regulated by, e.g., Ca²⁺ level elevation (Bisogno et al., 2003) or phosphorylation. MAGL or another component with similar activity (Long et al., 2009), degrading 2-AG to glycerol and AA, is likely to be responsible for the inhibition of free AA release by THL. We also used a number of other inhibitors of enzymes with possible AA-releasing capacity, including the MAGL inhibitor JZL184, the FAAH inhibitor URB597, the MAGL/FAAH/hormone-sensitive lipase inhibitor CAY10499, the iPLA₂ inhibitor FKGK11, and the *N*-acylethanolamine-hydrolyzing acid amidase/acidic palmitoyl ethanolamidase inhibitor CCPA. Whereas JZL184, URB597, and CAY10499 are rather well characterized, FKGK11 and CCPA are not (they have been used in only a few studies), and

it was difficult to estimate their effective concentrations. However, none of the inhibitors except JZL184 produced any inhibition, which is logical in light of the studies clearly indicating the involvement of cPLA₂ and DAGL only. It is unclear why JZL184 produced a small but significant amount of inhibition of ³H overflow. At the concentration used, CAY10499 also is an effective inhibitor of MAGL (Muccioli et al., 2008; Minkkilä et al., 2009), but it did not show any inhibition here; therefore, it is possible that the inhibition seen with JZL184 is attributable to an effect on some target other than MAGL.

cPLA₂ is activated with high potency by orexin receptors and may be a potent physiological signal. In the current study, we could verify that it was cPLA₂ and not DAGL signaling that was required for the activity of the receptor-operated Ca²⁺ influx pathway. Our results do not reveal,

however, whether it is AA or some other polyunsaturated fatty acid, the other product of cPLA₂ activity, lysophosphatidylcholine, or some metabolite of those compounds that mediates the response. All of those metabolites could be active at transient receptor potential or ARC channels (reviewed in Kukkonen, 2011).

cPLA₂ enzymes are known to be sensitive to Ca²⁺ level increases. The PLC inhibitor U-73122 fully inhibited ³H overflow from [³H]AA-labeled cells, which suggested that PLC activity was required for both cPLA₂ and DAGL pathways. U-73122 is known to be toxic to CHO cells (Taylor and Broad, 1998; Lund et al., 2000) and it can fully block orexin receptor-mediated Ca²⁺ influx (Smart et al., 1999), although inositol-1,4,5-trisphosphate-dependent Ca²⁺ influx is not involved in this response (Ekholm et al., 2007). In addition, cPLA₂ activity occurs with a higher potency than PLC or DAGL activity (see below). Therefore, we doubt the conclusion regarding involvement of PLC in cPLA₂ activation. Unfortunately, there are no other effective (and nontoxic) PLC inhibitors available (at least for CHO cells), and the activation mechanism for cPLA₂ thus remains unclear. However, we know that the increase in Ca²⁺ levels (likely through influx) induced by thapsigargin is a potent stimulator of cPLA₂ in these cells (present study) (Turunen et al., 2010a), and Ca²⁺ influx is required for effective stimulation of ³H overflow from [³H]AA-labeled cells by orexin-A (Turunen et al., 2010a). It is possible that there is a feed-forward cycle in orexin receptor signaling involving cPLA₂ and receptor-operated Ca²⁺ influx. However, additional experiments are required to resolve this and alternative options.

The potency of orexin-A for cPLA₂ and DAGL activation was determined in several ways. 2-AG would be released by DAGL with pEC₅₀ values of 8.4 (³H overflow in the presence of pyrrophenone), 8.3 (TLC assay), and 8.8 (2-AG release reporter assay). AA would be released by cPLA₂ with pEC₅₀ values of 9.3 (³H overflow in the presence of THL) and 9.8 (TLC assay in the presence of THL). Some of the variation may depend on the resolution of the assays; for example, TLC separation showed much less variation and thus greater sensitivity than the ³H overflow assay. cPLA₂ was clearly activated with significantly greater potency than DAGL in CHO cells. In the other cell types examined, the situation was different. It is interesting that, in all of these cell types, orexin receptors couple to PLC (Holmqvist et al., 2002; Putula and Kukkonen, 2012); therefore, the differences in 2-AG release might be related to another component, such as lack of DAGL or the putative 2-AG transporter or effective alternative metabolism of DAG or degradation of 2-AG.

Our previous results obtained with the reputed iPLA₂ inhibitor bromoenol lactone suggested partial involvement of iPLA₂ in the orexin-stimulated ³H overflow (Turunen et al., 2010a). Bromoenol lactone is known to act on different serine hydrolases (reviewed in Balsinde and Balboa, 2005), forming a soluble, reactive, molecular species that can form cysteine adducts with bystander proteins (Song et al., 2006). We are convinced that the previous results obtained with bromoenol lactone do not indicate the involvement of iPLA₂ but represent a result of nonspecific interactions of this inhibitor. This is supported by the fact that a novel iPLA₂ inhibitor, FKGL11, did not inhibit ³H overflow.

Orexin-endocannabinoid interactions have been investigated in a few studies. CB₁ receptor mRNA and preproorexin

mRNA are expressed in close apposition in the lateral hypothalamus, in part in the same cells (Cota et al., 2003). The physiological functions of orexins and endocannabinoids in appetite stimulation are similar, and leptin, a satiety messenger and negative regulator of orexinergic neurons (Håkansson et al., 1999; López et al., 2000), is also a negative regulator of endocannabinoid levels (Di Marzo et al., 2001). These systems may be involved in the same pathways. A study indicated endocannabinoid involvement in orexin-mediated stimulation of appetite (Crespo et al., 2008), and similar findings are indicated for the analgesic action of orexin-A (Ho et al., 2011). In contrast, endocannabinoids inhibit orexin signaling in the lateral hypothalamus by reducing the excitatory glutamatergic drive to orexinergic neurons (Huang et al., 2007). Endocannabinoids may have different functions in the lateral hypothalamus and in upstream regulatory centers of orexinergic neurons; whereas endocannabinoids in the lateral hypothalamus may suppress orexinergic neurons (Huang et al., 2007), endocannabinoids in the nucleus accumbens shell may stimulate activation of orexinergic neurons (Kirkham et al., 2002; Zheng et al., 2003; Soria-Gómez et al., 2007), and orexinergic projections to the nucleus accumbens shell (Mori et al., 2011) may cause a positive feedback cycle. The few studies performed suggested interactions between these systems, but the conclusions are not straightforward. Some of the problems arise from methodological obstacles, such as unreliable anti-orexin receptor antibodies (J. P. Kukkonen, unpublished data). In addition, the studies conducted were performed either with intact animals or with ex vivo slice preparations, where the neuronal circuitry involved may cause problems in identifying the actual sites of action of orexins and endocannabinoids.

In conclusion, the present study identified two enzyme cascades, cPLA₂ and DAGL, as potent orexin receptor targets and as the enzymes entirely responsible for the previously reported orexin-induced ³H overflow from [³H]AA-labeled cells (Turunen et al., 2010a). The activation mechanisms for either enzyme species remain unclear. Each enzyme activity produces a signal of its own. Although cPLA₂ appears essential for the receptor-operated Ca²⁺ influx, DAGL produces 2-AG, which is able to activate CB₁ cannabinoid receptors in a paracrine manner. This indicates that the suggested interactions between orexinergic and cannabinoidergic systems in the brain may take place through paracrine endocannabinoid signaling and that regulation of the some of the same physiological responses in appetite, for example, may take place through an arrangement such as this. Orexin receptors were suggested previously to heterodimerize with CB₁ receptors in heterologous coexpression systems (Hilairat et al., 2003; Ellis et al., 2006; Ward et al., 2011). Our view is that interactions (alternatively or additionally) take place through 2-AG production, which represents a much more flexible signal system that does not require any molecular interactions between orexin and endocannabinoid receptors.

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Authorship Contributions

Participated in research design: Turunen, Jäntti, and Kukkonen.

Conducted experiments: Turunen and Jäntti.

Contributed new reagents or analytic tools: Kukkonen.

Performed data analysis: Turunen, Jäntti, and Kukkonen.

Wrote or contributed to the writing of the manuscript: Turunen, Jäntti, and Kukkonen.

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